NATIONAL CONFERENCE &

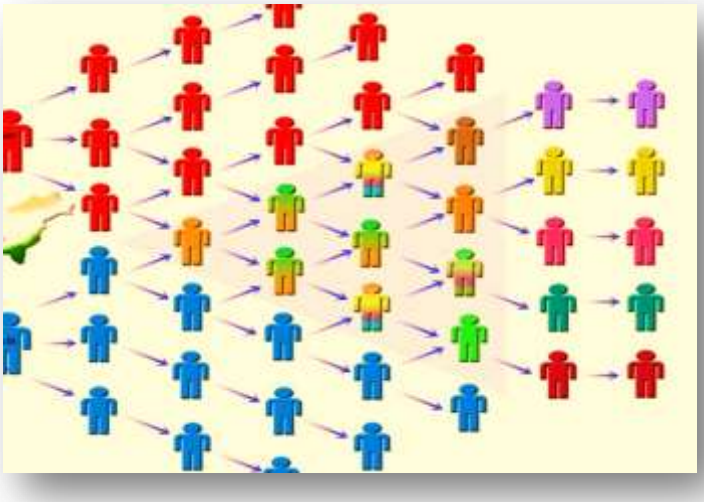
1st PSYCHOLOGY ALUMNI MEET

**on**

# PSYCHOLOGY AND SOCIETY TODAY:

## CONTEMPORARY ISSUES AND INTERVENTIONS

## (NCPST-2016)



**26 - 27 NOVEMBER, 2016**

**Organized by-**

## Department of Psychology

## Mahatma Gandhi Kashi Vidyapith

**Varanasi, Uttar Pradesh-221002**

**Email: ncpst2016@gmail.com**

**Website- www.mgkvp.ac.in**

# CONFERENCE COMMITTEE:

## Patron :

**Dr. Prithvish Nag**

Hon'ble Vice Chancellor

## Convener :

**Prof. Shambhu Upadhyay**

Head, Department of Psychology

## Co-Conveners:

**Prof. Rajendra Prasad Singh**
**Dr. Arun Kumar Jaiswal**

## Organizing Secretary:

**Dr. Rashmi Singh**

## Joint Organizing Secretary:

**Dr. Rajendra Singh**

## Advisory Board

**Prof. Lok Nath Singh**
**Prof. Anand Kumar**
**Prof. (Mrs.) Gayatri**
**Prof. Rajendra Mohan**

## Committee Co-coordinators

**Registration Committee** : Dr. Purnima Srivastava & Dr.Nandu Singh
**Scientific Committee** : Dr.Baby Chaurasia & Dr. Rashmi Rani
**Venue Management** : Dr. Santosh Kumar Singh & Dr. Seema Sarraf
**Accommodation & Hospitality:** Dr. A.K.Vaidya & Dr. Vijendra N. Pathak
**Press & Media** : Dr. Santosh kumar Singh & Dr. Ravi Kant
**Volunteer Committee** : Dr. Ram kirti Singh & Mr. Babulal
**Cultural Committee** : Dr. Brij Ratan Agarwal & Dr. Monalisha Mishra
**Food Committee** : Dr. Anand Kumar Srivastava & Mr. Ashok Singh

On behalf of the Psychology Alumni Association and Organizing Committee, Department of Psychology Mahatma Gandhi Kashi Vidyapith, Varanasi, we are delighted to invite you to attend the **National Conference on Psychology and Society Today**: **Contemporary Issues and Interventions**.

## About the University

Mahatma Gandhi Kashi Vidyapith owes its birth to the educational, cultural & political aspiration of pre-independence India. In fact, it has been the action field of Indian National Movement as also a place of pilgrimage of Indian Socialist Movement. Founding resolution of “Rashtra Ratna” Babu Shiva Prasad Gupt, inspiration of the “Father of the Nation” Mahatma Gandhi and brilliance of “Bharat Ratna” Dr. Bhagwan Das have resulted in establishing this national educational institution of repute. It was inaugurated by Mahatma Gandhi during the non-cooperation movement of the freedom struggle on the auspicious occasion of Basant Panchami on Feb.10, 1921. Originally named Kashi Vidyapith, the university was renamed Mahatma Gandhi Kashi Vidyapith in 1995.Established with the resolution to keep the institution away from government recognition and grants the Vidyapith was accorded the status of "Deemed University" by the UGC in 1963. This epoch-making event started a new chapter for the institution. Babu Sampurnanand was appointed as the chancellor and Acharya Birbal Singh as vice-chancellor. As the chief minister of Uttar Pradesh (U.P.), Pt. Kamlapati Tripathi initiated a state government resolution to make his alma mater a statutory university; this happened on 15 January 1974. At this point, Prof. Raghukul Tilak was the vice-chancellor and the Governor of U.P. became the chancellor in accordance with the U.P. University Act. Some of the illustrious alumni of this institution like Chandra Shekhar Azad, Lal Bahadur Shastri, Pt. Kamlapati Tripathi, Prof. Raja Ram Shastri, B.V. Keskar, A.R. Shastri, Manmathnath Gupt, Pranavesh Chatterjee, T.N. Singh, Harinath Shastri, Bhola Paswan Shastri & Ram Krishna Hegde deserve special mention. At present, the M.G. Kashi Vidyapith is flourishing under the able leadership of our Vice-chancellor, Dr. Prithvish Nag.

## About the Department

Department of Psychology, established in 1960, is one of premier departments of the University, incessantly offering various academic programs at U.G. and P.G. levels, Doctoral research work leading to Ph.D. degree and Post-Doctoral research in various fields of psychology. Some of the areas of research programs are health psychology, cognitive-affective processes, positive psychology, clinical psychology and social psychology. Department is also conducting professional course of P.G. Diploma in Psychotherapy, Counseling and Guidance and M.Phil. in Psychology. The department has a rich past enriched by the leadership and vast experiences of Prof. R.M. Loomba, Late Prof. N.N. Sen, Late Prof. T.S. Dhapola, Prof. G.P. Thakur, Late Prof. B.D. Mishra, Prof. Gayatri, Prof. L. N. Singh and Prof. Anand Kumar.

## About the Conference

Psychology is the study of people's behavior, performance, and mental operations. It also refers to the boundless applications of the knowledge in everyday life, which can be used to understand events, treat

mental health issues, and improve education, employment, and relationships. The subject lies at the intersection of applied, educational, and theoretical science. In the era of modernization, industrialization and globalization, World today has grown smaller and the people have become community. With cordons of distance, language, cult etc. fading away people, though, being connected by modern technology have become distant and unconnected. Our daily lives have become full of stress, competition, hazards, both natural and man-made or a combination of the two. Challenges in normal life situations like relationships, mental disorders, bereavement and choosing career can affect anyone in the society. Also, emerging social, cultural, political and environmental problems and challenges around the globe are imposing intense and complex demands on individuals and collective psyche, challenging our identity, livelihood and sense of wellness.

Each year brings another round in the great social debates about productivity, education, child and elder care, mental illness, dropout prevention, drug-abuse prevention, literacy, crime, group conflict, health care, cognitive function and dysfunction, and other issues. Here, Psychological science can be of immense value because nearly every issue mentioned above is, in large part, a problem of how people develop their perception, attitudes, specific behavioural pattern, of how they think, of how to train and motivate them, or of how people relate to one another and help people bounce back to their normal life functioning. Nowadays Psychological knowledge offers a large range of scientific fields where ever it can be applied. Scientific research conducted by psychologists and social scientists, in varied aspects of understanding human development and behaviour can inform and guide those who seek help with issues that affect their professional lives, family relationships and overall wellness. This conference will not only provide a forum that would connects academicians, scholars, practitioners and others interested in the field with new perspectives, fertile ideas and knowledge to exchange their professional and research expertise but also pave a way for rethinking of role of Psychology in understanding, resolving and develop strategies that will better meet the needs of people and emerging psycho-social issues of modern world.

## OBJECTIVES:

1. The conference aims at understanding individuals and groups, emerging issues of modern Indian society from mental functions and psycho-social perspective and behavioral standpoints.
2. To provide scholars, academicians and researchers an erudition opportunity and develop potentials to understand transitions from western and traditional methods and models to the next generation programs developed with indigenous approach of intervention and services relevant in our multicultural and diversified structure of Indian society.
3. Developing multi-disciplinary collaborative links, fomenting intellectual encounter and development and inspiring new developments in studies and proposals for future scientific projects.
4. Also we look forward to help policy makers, government, NGO's and other civil society organizations through recommendations and suggestions emanated from this conference and work together to make every possible effort individually and collectively to achieve these goals.

## CONFERENCE THEMES:

The discussion in this conference under main theme will be around the following sets of inter-related seven broad themes:

- **Mental Health and Well-Being**
- **Life style across life cycle**
- **Cognitive Approaches**
- **Human Relations and Societal Issues**
- **Emerging society and technology: opportunities & paradox**
- **New bio-psychosocial intervention/ service models**
- **Social Institutions: the scaffolding for transition**
- **Environment, Education, Workplace in relation to behaviour**
- **Sports Psychology and Yoga**
- **Poverty, Deprivation and Discrimination**
- **Any issue pertinent to Psycho-social behaviour in Indian Society**

## Call for Papers:

Papers (Empirical/ conceptual) in Oral/Poster mode on above themes are invited from academicians, researchers, practitioners, and students from all the relevant fields on the above themes. Abstract of paper/ poster (250 words) in English/ Hindi should include name, designation, institutional affiliation, contact details, title, main objectives, methods and findings of the study and send through conference mail ncpst2016@gmail.com or by hand to the convener of the conference, Department of Psychology, Mahatma Gandhi Kashi Vidyapith Varanasi **latest by November 05, 2016. Abstract received after the due date may not be included in the Souvenir.**

## ORAL/ POSTER PRESENTATION GUIDELINES-

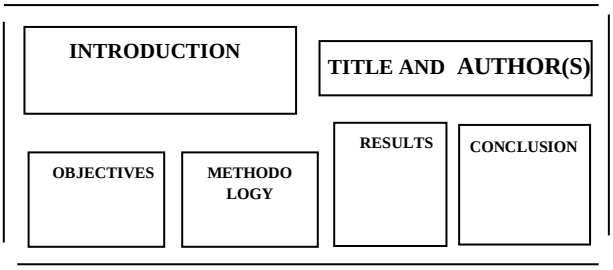
**Oral Presentation**

- Presentations can be made in English or Hindi Language.
- For each presentation a time of 5+2 minutes will be given.
- Presentation may be preferably prepared in MS Power Point and brought to the conference on scanned USB memory stick.
- Standard Audio- Visual equipment will be provided for the presentation.

**Poster Presentation**

- Pins and stand will be provided by the organization.
- Poster should be legible enough to be viewed from a distance of 4 feet.
- The poster should follow the below given format-

28 X 22 INCH



## Full paper submission

Full paper not exceeding 3500 words in English/Hindi typed in MS-Word, line space 1.5, Times New Roman font size-12/ Kurti Dev-10, font size 14 and following APA guidelines) All submissions (abstract and full paper) will be peer reviewed, information regarding acceptance, modification, rejection shall be communicated to the authors through their e-mail.

## Publication

Selected quality full papers may be considered for publication in the form of monograph with ISBN after the conference.

## Who Can Participate?

Academicians, Scientists, Professionals, Researchers and Students from various fields of Psychology, social sciences, allied subjects and multi-disciplinary fields are invited to participate and contribute in NCPST- 2016.

# Registration-

Registration fee for the conference is as given below-

| Category ofRegistration | Early Bird<br>Till 20th November 2016 | Late Registration<br>After 20th November 2016 |
|---|---|---|
| Delegates (PAA*Members) | Rs. 800 | Rs. 1000 |
| Delegates (Non Members) | Rs. 1000 | Rs. 1200 |
| Students (PAA*Members) | Rs. 500 | Rs. 700 |
| Students (Non Members) | Rs. 700 | Rs. 900 |

***** PAA - Psychology Alumni Association, Dept. of Psychology, M.G. Kashi Vidyapith, Varanasi.

Registration fee entitles delegates to admission to Opening and Closing Ceremony, Presentations or participation in Technical Sessions, Conference bag, Souvenir, Morning and Afternoon Tea, Lunch and Congress Dinner and cultural Programme. **Organizing committee does not assure conference kit to the participants registering late (after 20th November 2016) and spot registering candidates**. Students should produce their identity cards from their respective institutions.

## Mode of Payment

Demand Draft drawn in favour of NCPST-2016, payable at Varanasi or through online transaction to Account Name- NCPST-2016, Allahabad Bank, Kashi Vidyapith Campus Branch, City: Varanasi, Account No.: 50349165396, Account type: Current Account, IFSC IFSC : ALLA0212022 or by Cash on all working days in the Department of Psychology, M. G. Kashi Vidyapith. Send scanned copy of DD/NEFT transaction receipt along with registration form at ncpst2016@gmail.com

## Travel and Accommodation:

Participants have to make own arrangements for their accommodation and travel. There are many good hotels nearby the University which can be booked online also by the participants. Varanasi is well connected both by air and rail from all important places of India. The city has many historical and religious places to visit. Mahatma Gandhi Kashi Vidyapith is a well-known University in Varanasi. Varanasi Cant Railway station is less than 1 km from the University campus. The distance from LBS airport Babatpur, to the University campus is around 24 km. For details of nearby hotels and Conference Venue, please contact- Dr. Santosh Singh (9792568111), Dr. Ram Kirti (9415851070), Dr. Vijendra Pathak (9696378784).

## List of Hotels (Near By)

**Hotel Gautam Grand**
Pared Kothi, Cantt, Varanasi-221002
Ph. 0542-2208288,2208388,
E mail: hotelgautamgrand@yahoo.com

**Hotel Varuna**
22 GulabBagh, Varanasi 221002,
Mob.: 7800040271, 0542 2418524 / 25 / 26 / 27
E mail: reservations.hv@varunahotels.com

**Hotel Grand Continental**
Pared Kothi, Cantt, Varanasi-221002
Mo. 7678883030, 0542 2203030, 2203040
E mail: reservation@grandcontinental@gmail.com

**Hotel Plaza Inn**
Pared Kothi, Cantt, Varanasi-221002
Ph. 0542-2205504-507
E mail: reservation@hoteplazainn.in

**Hotel Pratap Palace**
Besids Pared Kothi, Cantt, Varanasi-221002
Ph.0542-2202029,2202030,9598069092,9889979000
Email : hotelpratappalacevns@gmail.com

## Conference Venue

Conference will be held at Gandhi Adhyayanpeeth Auditorium, Mahatma Gandhi Kashi Vidyapith, Varanasi.

## Psychology Alumni Association

Psychology Alumni Association of the department was established in 2009. Since it is the first reunion of Alumnus of the department. Life Membership in Psychology Alumni Association is open till the

conference. Alumni Association Membership, can be obtained by submitting the Applicationform and membership fee by hand or to the Alumni office in the department of Psychology, M.G. Kashi Vidyapith on all working days or by email (drrashmi.mgkvp@gmail.com). The form is attached in the end of the brochure or can be obtained from the department itself. Alumni life membership fee is Rs. 1000/- and for students the membership fee is Rs. 250/-. Fee has to be paid through D.D. or by Cash to Dr. Rashmi Singh (Treasurer- PAA) or by online transaction to Account Name: Psychology Alumni Association, Allahabad Bank, Kashi Vidyapith Campus Branch, City: Varanasi, Account No.: 50104675769, Account type: Current Account, IFSC : ALLA0212022 or by Cash on all working days in the Department of Psychology, M. G. Kashi Vidyapith. Send scanned copy of DD/NEFT transaction receipt along with registration form at ncpst2016@gmail.com

## IMPORTANT DATES OF NCPST-2016

| | |
|---|---|
| Conference Date: | **26-27 November 2016** |
| Last date for Abstract Submission: | **05th November 2016** |
| Last date for Full paper submission: | **20th November 2016** |
| Registration opens: | **20th August 2016** |
| Early registration: | **Till 20th November 2016** |
| Late registration: | **After20th November 2016** |

## For more details Contact:


### Prof. Shambhu Upadhyay

**HOD, Deptt.of Psychology,**
Convener, NCPST-2016
Department of Psychology
Mahatma Gandhi Kashi Vidyapith, Varanasi, U.P.
**Mobile : 9532860436, 9648000044,**
Email: shambhuupadhyayvns@gmail.com

### Dr. Rashmi Singh

Organizing Secretary, NCPST-2016,
Department of Psychol
Mahatma Gandhi Kashi Vidyapith, Varanasi, U.P.
Mobile : 9451003826,9919254264
Email:drrashmi.mgkvp@gmail.com

**Conference email- ncpst2016@gmail.com**

**Website- www.mgkvp.ac.in**

# SESSION-WISE PROGRAMME OF NCPST-2016

## 26th November, 2016

| | |
|---|---|
| 08.30 a.m. To 10.00 a.m. | Registration and Kit Distribution |
| 10.00 a.m. To 12.00 p.m. | Inaugural function |
| 12.00 p.m. To 12.30 p.m. | Tea break |
| 12.30 p.m. To 01.30 p.m. | Plenary session-1 |
| 01.30 p.m. To 02.30 p.m. | Lunch |
| 02.30 p.m. To 03.30 p.m. | Plenary session -2 |
| 03.30 p.m. To 04.00 p.m. | Tea break |
| 04.00 p.m. To 05.00 p.m. | Three parallel scientific sessions and one poster session |
| 7.00p.m. To 08.30 p.m. | Cultural Programme |
| 08.30 p.m. and onwards | Conference Dinner |

## 27th November, 2016

| | |
|---|---|
| 09.00 a.m. To 09.30 a.m. | Breakfast |
| 09.30 a.m. To 11.00 a.m. | Three parallel scientific sessions and one poster session |
| 11.00 a.m. To 11.30 a.m. | Tea break |
| 11.30 a.m. To 12.30p.m. | Plenary session -3 |
| 12.30 p.m. To 01.30p.m. | Two scientific sessions and one poster session |
| 12.30 p.m. To 01.30p.m. | Psychology Alumni Association General Body Meeting |
| 01.30 p.m. To 0 2.30 p.m. | Lunch |
| 02.30 p.m. To 04.30 p.m. | Valedictory function |
| 04.30 p.m. To 05.00 p.m. | Tea |
| 04.15 p.m. onwards | Certificate Distribution |

NATIONAL CONFERENCE & 1st PSYCHOLOGY ALUMNI MEET ON

# PSYCHOLOGY AND SOCIETY TODAY: CONTEMPORARY ISSUES AND INTERVENTIONS

DEPARTMENT OF PSYCHOLOGY

**Mahatma Gandhi Kashi Vidyapith, Varanasi-221002**

# REGISTRATION FORM

**Name**……..……

**Designation**……

**Institution/Organization**……

**Paper presentation-** Yes No

**Title of Paper**……..

**Member of Psychology Alumni Association of the Dept. of Psycho. M.G. Kashi Vidyapith, Varanasi-** Yes No

**Accommodation Needed** Yes No

**Address for Communication**…….……

……..……..……

**Phone/Mobile No**……..……

**Email**…….....

**Registration fee ( please tick)** CASH DD NEFT

| Category of Registration | Early | Late |
|---|---|---|
| Delegates (PAA*Members) | Rs. 800 | Rs. 1000 |
| Delegates (Non Members) | Rs. 1000 | Rs. 1200 |
| Students (PAA*Members) | Rs. 500 | Rs. 700 |
| Students (Non Members) | Rs. 700 | Rs. 900 |

**Amount in words**……

**Name of the Bank**…….…….…..…..

**RTGS Date/DD No. and Date**.....…….....

(*Please attach a copy of receipt of NEFT/D.D. with this registration form and send it by hand/email or post to Prof. Shambhu Upadhyay, Convener, NCPST-2016, Deptt. of Psychology, Mahatma Gandhi Kashi Vidyapith, Varanasi, U.P.)*

**Signature of Participants**

Form No.....

# PSYCHOLOGY ALUMNI ASSOCIATION

M.G. Kashi Vidyapith, Varanasi-221002

## APPLICATION FORM FOR LIFE MEMBERSHIP

Photo

Name (In BLOCK letters).....

Designation (If employed) .....

Institution .....

Father's Name.....

Address for Communication .....

.....

Gender Male ☐ Female ☐ Age.....

Telephone No. ..... Mobile No.....

E-mail.....

Educational Qualification:

| Degree | Year | University | Specialization |
|---|---|---|---|
| Ph.D. | | | |
| M.A. | | | |
| M.Phil. | | | |
| Diploma | | | |

Any other experience .....

Date .....

Signature

Place : .....